



## NCA Nationals 2.27-3.1

**George R Brown Convention Center  
1001 Avenida De Las Americas  
Houston, TX 77010**

### FRIDAY 2.27.26

Team	Meet	Warm up	Perform	Awards
Reckless	8:45am	10:03am	10:43am/ Hall E	12:00pm
Secret	Watch reckless- check in after	12:07pm	12:47pm/ Hall C	N/A
Shadow	Watch reckless- check in after	12:08pm	12:48pm/ Hall D	1:40pm
Tremor	11:15am	12:32pm	1:12pm/ Hall D	4:00pm
Dynamite	3:15pm	4:22pm	5:02pm/ Hall B	N/A

### SATURDAY 2.28.26

Team	Meet	Warm up	Perform	Awards
Secret	TBD	7:40am-8:30am	8:20am-9:10am/ Hall C	11:25am
Smack	12:45pm	1:57pm	2:37pm/ Hall C	N/A
Wrath	Watch Smack- check in after	3:47pm	4:27pm/ Hall A	N/A

### SUNDAY 3.1.26

Team	Meet	Warm up	Perform	Awards
Dynamite	TBD	7:47am-10:47am	8:27am-11:27am/ Hall B	12:35pm
Smack	TBD	8:42am-11:28am	9:22am-12:08pm/ Hall C	3:10pm
Wrath	TBD	2:20pm-3:30pm	3:00pm-4:10pm/ Hall A	7:40pm

#### **PROGRAM SUPPORT:**

We really want to show our strong Excite! Pride throughout the entire weekend! Please make efforts to watch as many Excite teams as possible and to be a loud crowd for our kids!!! They have been working INCREDIBLY hard and we want to show our support BIG! We are one OHANA so let's cheer on every kid as if they were our own!

#### **MEET LOCATION:**

Team Parents will send specific meet location 15-30 minutes before your team's meet time in BAND. **This spot will be used for drop off and pick up-unless otherwise noted in BAND.**

#### **WARM UP TIMES:**

This is listed on here mainly for coaches- parents do not need to worry about this at all!

#### **AWARDS:**

Awards are MANDATORY for all teams. Athletes are expected to be in full competition uniform, hair, shoes and make-up. We will not be wearing jackets to awards.

## **ALL STAR: DAY 2 SCHEDULE**

Day 2 schedule is determined by Day 1 rankings. Teams will perform in reverse order for Day 2 (1<sup>st</sup> place will go last). We will not know these times until after rankings and schedule are released. This can take multiple hours so please be patient. Once times are determined, we will send in the BAND as soon as possible.

## **RELEASE INSTRUCTIONS: What to do after your athlete competes**

Friday:

-Reckless: Athletes will be temporarily released from performance hall after performing. Athletes need to meet back in performance hall by 11:30am for awards. Afterwards, coaches or team parents will alert you on where to pick up your athlete.

-Secret: Athletes will stay together to go watch Tremor compete in Hall D. We will release athletes to parents from that Hall after they go.

-Shadow: Athletes will stay together to watch Tremor and then head to awards. After awards, coaches or team parents will alert you on where to pick up your athlete.

-Tremor: Athletes will be temporarily released from performance hall after performing. Athletes will meet back in performance hall by 3:30pm for awards.

-Dynamite: Athletes will be released from the performance hall after performing.

Saturday:

-Secret: Instructions TBD based on Day 2 times. All information will be sent in BAND.

-Smack: Athletes will be released to their parents after performing but everyone is REQUIRED to go watch Wrath perform. After their performance, athletes may leave the facility.

-Wrath: Athletes will be released from the performance hall after performing.

Sunday:

-All Teams: Instructions TBD based on Day 2 times. All information will be sent in BAND.

## **Team Parents:**

This is who you will be checking in with at the event. Please only contact for emergencies. All other information will be in the BAND App.

Tremor: Shana Holmes 817-832-3300 and Yerika Rodriquez-Snachez 972-505-6524

Shadow: Debbie Helmstetter 214-708-3310

Reckless: Jennifer Greenwood 940-594-0256 and Paige Byrd 214-808-9166

Dynamite: Abby Dupuis 337-277-0876 and Mandi Moore 972-975-2300

Secret: Beth Bromagen 214-449-4603 and Kendra Phillips 940-231-4006

Wrath: Stephanie Crawford 248-563-4225

Smack: Jennifer Denlinger 972-768-3071 and Tiffany Carter 214-713-9998

## **IMPORTANT INFORMATION- READ EVERYTHING!**

-Event Website: <https://www.varsity.com/nca/all-star/competitions/nationals/>

-There will be security at every event, please plan enough time to make it through those lines to get into the venue.

-All athletes will need to arrive to meet time fully ready; full uniform on, competition shoes, white socks, competition hair, competition make up and competition bow. Athletes should have ALL jewelry removed by the team's meet time.

- If you want to wear a jacket over your uniform, we ask that is the Excite! Jacket or Excite! Colors. Pants should be black athletic pants (not pajama bottoms).

-Senior teams must cover mid-section when walking the venue due to USASF Rules and Guidelines. Please wear Black practice tank over uniform on Saturday, and red on Sunday. When coaches take the team, they may remove item.

-When the cheerleaders arrive at the competition, parents will need to sign in with a team parent/ coach. Exact location will be sent via Band on the event day. After checking in, Parents will then take all jackets, pants, jewelry, and bags and go find seating in the venue. Please try to sit together as a program to give us a LOUD Excite! Section!

-DO NOT BE LATE! The schedule is very tight with arrival to performance time. Plan for traffic and be sure your athlete is 100% ready at your meet time. Running late and not being prepared not only puts stress on the coaches, but on your athletes as well. We want the day to run as smooth as possible!

-Competition is a time to focus on each cheerleader's individual team and the gym, not other distractions. We will be expecting them to behave in a certain way while at competition to help portray our image as a program/gym/team. Upon your athletes' arrival at the venue, the competition has begun, and all parents and athletes are expected to behave in an appropriate manner.

-Once they check in, they will not be allowed to roam the venue or be away from their team. We ask that everyone please understand and help us focus at competition.

## **Admission:**

-Tickets must be purchased online: <https://www.showclix.com/event/nca---all-star-national-championshipyx6un63>

Multiple stands will be available to pick up wristbands- we highly suggest getting these early!