

## The Youth Summit Itinerary and Packing List

**\*\*Athletes are not be allowed to go to the parks, beach or pool on days they compete! Please arrange your fun days accordingly\*\***

### **Monday 4/20: Show off day!**

Athletes arrive at 6:00pm in Summit Practice wear sports bra and shorts with black tank over top. Hair in a high pony tail with competition bow. Doors will open at 6:45pm for families and fans!

### **Travel Days:**

Wear your Red Row the boat shirt from this season on the plane with your Excite! Jacket. Post photos/videos and tag Excite! Who knows, you may win a special prize 😊

### **Wednesday 4/22: Practice**

-This will be from 6:00pm-6:30pm at the Tampa Convention Center where the event will be held. Specific location will be sent in BAND the day of.

-Athletes will wear Summit practice wear sports bra and shorts with their Summit Tank. Hair in a high ponytail with comp bow.

-Parents can pick up their Spectator passes during our practice time.

### **Thursday 4/23: Prelims!**

-Please give plenty of time to arrive, find parking and locate your team. Do not be late to our meet time!

-Reminder that athletes cannot go to the parks, pools or beaches before competing to ensure maximum energy for their performance.

-We want athletes to wear summit tank over top of their uniforms when walking through the venue after performing.

Team	Meet Time	Warm Up	Perform/ Location	Division Group	Finalist Reveal
Secret	7:30am	8:21am	8:57am/ East Hall	L2 You-Flex Small D1- Wildcard	3:00pm

### **Friday 4/24: Finals!**

-This is just a time block for finals. Times will be determined after the division reveals are complete. Final times will be sent in BAND.

-Awards will be held in Central Hall.

Team	Meet Time	Warm Up	Perform/ Location	Division Group	Awards
Secret	TBD	TBD	8:06am-10:48am/ East Hall	L2 Youth- Flex Small	1:30pm

### **PACKING LIST:**

-In carry on: All uniform pieces; top, skirt, competition bow, competition shoes, competition under garments, and Excite jacket. Don't forget to wear your Nationals Shirt while travelling!!

-All SWAG bag items and specialty summit outfit (sports bra, shorts and tank)

-Program sports bra and Black Spandex in case of additional practice

-Black practice Tank

-at least 2 pairs of white socks

-All competition hair and make up supplies

### **COMPETITION INFORMATION:**

-Here is the event website for any additional information you may need! <https://www.varsity.com/all-star/competitions/end-of-season-events/the-youth-summit-championship/>

-This includes information and how to purchase spectator tickets, where and what times you are available to pick up your package purchases/ park passes through Varsity, and everything you need to know when it comes to the event! Reading through this will help SO much in preparing for the event and easing some stress.